

“I want a satisfying profession”

NOW YOU CAN...

- **Revitalize**
your current career
- **Energize**
your skills of mastery
- **Achieve**
your positive “peak” potential
- **Change**
your financial options
- **Harness**
your internal positive self esteem

FOR A REWARDING PROFESSIONAL HYPNOTHERAPY CAREER

HERE'S AN INVITATION TO A MODERN

HYPNOTHERAPY CERTIFICATION COURSE

- The equivalent of two college semesters of training developed by the National Guild of Hypnotists.
- Successful graduates of this training are eligible to be designated as Certified Hypnotherapists by the National Guild of Hypnotists.
- The Certification curriculum enables each participant to immediately practice as a hypnotherapist, working with weight problems, smoking cessation, and stress management.
- Upon completion of the Certification curriculum, each participant will be able to help clients deal with phobias, confidence, self esteem, sports performance and problems presented to hypnotherapists. Special emphasis is given to training participants in a six step behavioral change program.
- Perfect career advancement (full or part time) for those who like to work with people in a private professional practice of their own.
- For all mental health professionals including therapists, counselors, social workers, nurses and teachers who want to advance their skills and add hypnosis as a short term treatment modality.
- For everyone interested in learning hypnosis and self hypnosis for self improvement

COURSE CURRICULUM

- What is Hypnosis?
Simple and technical explanations of hypnosis
- Recognition and Classification of Subjects
Qualifications of subjects
- Preliminary Suggestibility Tests
Authoritarian and permissive tests for hypnotic induction
- Favorable and Unfavorable Influences and Dangers of Hypnosis
Influences of light, color, temperature, odor, music
- How to Hypnotize
A 3 step classical hypnotic induction technique
- Trance Depth
Criteria for judging trance depth
- Methods of Awakening
Ordinary and gradual awakening methods
- Sessions With a Client
Structure and timing of the hypnosis sessions
- Self Hypnosis Training
A 3 step method for teaching a complete program

Professional HYPNOSIS Certification Program

This brochure is presented for the information of the general public, to discuss the applications of hypnosis available for dealing with such matters as habit control, stress, excessive eating, smoking, fears, motivation, self-confidence, concentration, learning enhancement, attitude modification, pain management, insomnia, goal-setting, relationships and other areas which lead to unhappiness, dysfunction or difficulty in achieving personal goals.

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MIND
OPEN YOUR
MIND
GATE

...experiences in hypnosis

Joe Smith is a Board Certified Hypnotherapist and a Certified Hypnosis Instructor, by the National Guild of Hypnotists, the largest and oldest hypnosis organization of its kind. He is certified in Forensic Hypnosis and Complementary Medical Hypnosis. As the founder of MINDGATE, he is dedicated to developing programs and workshops that motivate and help people change unproductive behaviors.

- Suggestion Management
Important criteria for formulating action suggestions
- Advanced Induction Techniques
Instantaneous, indirect and waking hypnosis techniques
- Mechanical Aids
Hypnotic induction tools
- Deepening Techniques
How to maximize depth level
- Anesthesia Management
For pain control
- Hypnosis Applications
Uses for hypnotherapy
- Age Regression Techniques
Methods for Regression
- Behavioral Assessment
Assessing and developing goal setting skills
- Imagery and Hypnosis
Developing imagery in hypnosis
- Designing and Teaching a Six Hour Self Hypnosis Course
How to structure a six hour self hypnosis training course
- Your Hypnosis Practice – How It Should Be Structured
Setting up and marketing a profitable practice